



Assessment of breast feeding practice among mothers attending four health centers in Hargeisa city

ABSTRACT

Breastfeeding is generally considered by health professionals as the ideal feeding Practice for infants. It is the first communication pathway between the mother and her infant. This study was designed to describe breastfeeding knowledge, Breastfeeding providers the healthiest start on life specially colostrums is important for new born, the general objective of this study was to assess the breastfeeding practice of mother's in Mohamed mooge, abdi idan, 26june , maxamud haibe MCHs In Hargeisa Somaliland The study area was in Hargeisa the capital, and the largest city of Somaliland our study design was based cross sectional study carried breastfeeding practice mothers from June/2017to August/2017data was collected by administered structure questionnaire and it was entered, cleaned and analyzed by using SPSS version 16.0. Questionnaire was pre-test on 10% of sample size 5 days before the actual data collection in Hargeisa not include in the study to check wording, logic and skip order of the questionnaire in sensible way of the respondents' and to insure respondent understanding the questionnaire. Findings and experiences from the pre-test was utilized to modify the tools the actual data and analysis our study result regarding to the how time become pregnant majority 112(35.0%) of respondent who become pregnancy three times and 64(20.0%) got more than five times .